How to Find Reliable HIV/AIDS Treatment Information on the Internet

April 2013

U.S. National Library of Medicine
Evaluating Health Information on the Internet

The World Wide Web contains an abundance of free health information, available 24 hours per day. However, one must be cautious to evaluate that information because much of it is unreliable. The National Library of Medicine (NLM) is a good place to start to find trustworthy, up-to-date health information. Beyond that, there are some important criteria you should consider to determine if a site is trustworthy. Briefly, the categories you should consider are the following:

► Authority and Accuracy
► Coverage
► Currentness
► Objectivity
► Design Features

Savvy Health Surfing (see following page), a printable reference guide from the National Library of Medicine, provides a detailed list of these criteria with sample questions for each to assist you.

Additional Resources

For further information, we recommend these additional resources:

► HON Code of Conduct for Medical and Health Web Sites
► Evaluating Internet Health Information: A Tutorial from the National Library of Medicine
► MedlinePlus—Evaluating Health Information
► National Network of Libraries of Medicine—Is this health information good for me? (en Español)
► Quackwatch

Disclaimer: Every effort has been made to ensure that the links in this document are accurate at the time of publication. However, due to the frequency of Web updates, the links may have changed.
Savvy Health Surfing
Questions to Ask About Health-Related Web Sites

Authority and Accuracy
► Who is the author or source?
► Can you verify their credentials?
► Do they represent a recognized organization or is it a personal page?
► Is affiliation information provided?
► Does the Web site have an advisory board?
► Can the information be verified through links to the sources?
► If the site offers advice, do qualified health professionals provide it?
► Is contact information provided?

Coverage
► Who is the intended audience for this site?
► What is the purpose of the site?
► Does the site promote or advocate a viewpoint?
► Is the depth of coverage on the site reasonable?
► Is the information primary or secondary?
► If appropriate, are there links to additional information?

Currentness
► When was the site created?
► When was the site last updated?
► When was the data or information collected?
► Are the links kept up to date?

Objectivity
► Is the purpose of the site clearly stated?
► Is the information presented objectively?
► Is any sponsorship clearly acknowledged?

Design Features
► Is the site well-organized and user-friendly?
► Is the site easy to navigate?
► Is the graphic layout of the site pleasing? Is it clear and uncluttered?
► Are there any features that increase or decrease usability? Do you need additional viewers or plug-ins?
► Is there an internal search engine on the site?
► Are there customizable options?
► Can you ask questions or provide feedback?
► Is the site accessible to individuals with disabilities?
HIV/AIDS Treatment Web Sites

This list of HIV/AIDS treatment resources on the Web is arranged alphabetically by topic. Topic names were assigned based on the quality and quantity of information available. Click on any topic for more information. Beginning with the following page, a topic navigation bar is provided on the left. The Home button located at the top right of each following page will return you to this page.

Select a Topic:

Alternative and Complementary Therapy
Ask the Expert
Clinical Trials
Conferences
Continuing Education
Current News Updates
Drug Information
  Drug Information (General)
  Drug Adherence
  Drug Monitoring
  Drug Resistance
  Drug Side Effects
E-mail Lists
Fact Sheets
Financial Assistance
  Assistance Paying for Drugs
  Medicaid
  Social Security
Fitness
Fraud
Health Care Providers
Hepatitis
Hotlines
Journal Articles/Abstracts

Mental Health
Monitoring Progress
Nutrition
Oral Health
Organization Directories
Post-Exposure Prophylaxis (PEP)
Spanish Language Resources
Special Populations
  Communities of Color
  Gay, Lesbian, and Transgender
  Infants and Children
  Prisoners
  Seniors
  Substance Users
  Veterans
  Women
  Youth
Traveling with HIV
Treatment
Treatment Guidelines
Tutorials/Manuals
Vaccines
Viral Load
Alternative and Complementary Therapy

The AIDS InfoNet

- Alternative and Complementary Therapies

Bastyr University

The Body

- Beyond Medications: Healthy Living for HIVers

CATIE (Canadian AIDS Treatment Information Exchange)

- A Practical Guide to Complementary Therapies for People Living with HIV
- A Practical Guide to Herbal Therapies for People Living with HIV
- The Positive Side
- Treating HIV

MedlinePlus®

- Complementary and Alternative Medicine

National Center for Complementary and Alternative Medicine

Ask the Expert

The Body

- Ask the Experts Forums

Medscape® HIV/AIDS

- Ask the Experts: HIV/AIDS

Clinical Trials

The AIDS Clinical Trials Group

AIDSinfo®

- Clinical Trials

Canadian HIV Trials Network

CenterWatch Clinical Trials Listing Service
ClinicalTrials.gov

CATIE (Canadian AIDS Treatment Information Exchange)
- Clinical Trials

Food and Drug Administration
- Clinical Trials and Drug Development

HIV InSite
- Links: Clinical Research and Trials

International Maternal Pediatric Adolescent AIDS Clinical Trials Group (IMPAACT)

National Institute of Allergy and Infectious Diseases
- Division of Acquired Immunodeficiency Syndrome

Conferences

AIDS.gov
- Programs/Conferences

The Body
- AIDS Conferences

HIV InSite
- Conferences with HIV/AIDS Information

HIVandHepatitis.com
- HIV- and Hepatitis-related Research Conferences

International AIDS Society

International Association of Physicians in AIDS Care

Medscape® HIV/AIDS
- HIV/AIDS Conferences

The National AIDS Treatment Advocacy Project
- Conference Reports
National Institute of Allergy and Infectious Diseases, Division of Acquired Immunodeficiency Syndrome
- Scientific Meetings, Workshops, and Events

NLM Gateway: Search Meeting Abstracts

Continuing Education
- Medscape® HIV/AIDS
  - HIV/AIDS CME/CE

Current News Updates
- AIDS.gov
  - HIV/AIDS News

- AIDS Education Global Information System
  - Today's News

- AIDSinfo
  - Highlights and Features (Archive)

- AIDScience
  - Literature and News

- aidsmap
  - News

- AIDSmeds.com
  - Treatment News

- MedlinePlus®
  - AIDS News

- Medscape® HIV/AIDS
  - HIV/AIDS News
Drug Information

**NOTE:** Many Web sites have information about HIV/AIDS drugs. These sites are good starting points.

### Drug Information (General)

- **AIDS Education Global Information System**
  - Key Topics: Treatment
- **AIDSinfo**
  - AIDSinfo Drug Database
- **AIDSmeds.com**
  - Check My Meds
- **The Body**
  - HIV Treatment
- **DailyMed®**
- **Dietary Supplements Labels Database**
- **Drug Digest: Pill Images**
- **Drug Information Portal**
- **Food and Drug Administration**
  - Buying Medicines and Medical Products Online
- **HIV InSite**
  - Database of Antiretroviral Drug Interactions
  - Antiretroviral Drug Profiles
  - Knowledge Base
- **HIV Medication Guide**
- **HIVandHepatitis.com**
  - FDA-approved HIV and AIDS Treatments
- **Liverpool HIV Pharmacology Group (LPHG)**
- **National HIV/AIDS Clinicians’ Consultation Center**
  - Pharmacy Central
National Institute of Allergy and Infectious Diseases, Division of Acquired Immunodeficiency Syndrome
  • Therapeutics

Physicians’ Research Network®

PillboxBeta

Pill Identifier

Project Inform HIV Treatment Information
  • Dealing with Drug Side Effects
  • Drug Interactions

Drug Adherence
  • aidsmap
    • Adherence

AIDSmeds.com
  • The Importance of Adhering to Your Treatment Regimen

HIV InSite
  • Adherence to HIV Antiretroviral Therapy: Related Resources

International Association of Physicians in AIDS Care

Drug Monitoring
  • HIV Medication Guide

Drug Resistance
  • aidsmap
    • HIV Drug Resistance

AIDSmeds.com
  • Understanding Drug Resistance

The Body
  • Drug Resistance and Staying Undetectable

National HIV/AIDS Clinicians’ Consultation Center
  • Resistance Panel Reports
Drug Side Effects

- AIDSmeds.com
  - Side Effects & Other Health Problems

- The Body
  - Managing Side Effects of HIV Treatment
  - HIV/AIDS Side Effects, Opportunistic Infections & Coinfections

- CATIE (Canadian AIDS Treatment Information Exchange)
  - A Practical Guide to HIV Drug Side Effects

- MedWatch

E-mail Lists

- AIDSinfo
  - Subscribe to E-mail Updates

- Food and Drug Administration
  - FDA HIV/AIDS E-mail List

- National Minority AIDS Council
  - NMAC E-Alerts

Fact Sheets

- AIDS.gov
- AIDS InfoNet
- AIDSinfo
- aidsmap
- aidsmap
- CATIE (Canadian AIDS Treatment Information Exchange)
- HIVInSite
Financial Assistance

Assistance Paying for Drugs

- AIDS Treatment Data Network
  - The Access Project
- The Body
  - Paying for Your HIV/AIDS Medications
  - HIV and Financial Issues
- Health Resources and Services Administration HIV/AIDS Bureau
  - AIDS Drug Assistance Programs (ADAP)

Medicaid

- The Body
  - U.S. Government Assistance: Medicare/Medicaid
- Centers for Medicare & Medicaid Services
- Kaiser Family Foundation
  - Kaiser Commission on Medicaid and the Uninsured

Social Security

- The Body
  - HIV and Financial Issues
  - Social Security for HIV-Positive Americans

Social Security Administration

- Disability Programs
- Social Security For People Living With HIV/AIDS
Fitness

The Body
- Exercise & HIV/AIDS

Gay Men’s Health Crisis
- Exercise and HIV

Fraud

Food and Drug Administration HIV and AIDS Activities
- Health Fraud Task Force
- QuackwatchSM

Health Care Providers

The AIDS Clinical Trials Group
Health Resources and Services Administration HIV/AIDS Bureau
- AIDS Education and Training Centers (AETCs) National Resource Center

HIV InSite
- Links: Databases and Listings of HIV/AIDS Service Providers

HIVdent
International Association of Physicians in AIDS Care
Johns Hopkins AIDS Service
Medscape® HIV/AIDS
National HIV/AIDS Clinicians’ Consultation Center
National Institute of Allergy and Infectious Diseases, Division of Acquired Immunodeficiency Syndrome
Physicians’ Research Network®
The University of North Carolina Center for Infectious Diseases
Hepatitis

The Body
- Hepatitis Prevention and Treatment

HIVandHepatitis.com

The National AIDS Treatment Advocacy Project
- Hepatitis (Click either Hepatitis C or B in the left navigation)

Physician's Research Network®
- PRN's Updated on HBV and HIV Coinfection: Pathogenesis and Treatment

Veterans Affairs National Hepatitis C Program

Hotlines

AIDS.ORG

AIDSinfo Live Help

HIV InSite

National HIV/AIDS Clinicians’ Consultation Center
- PEPline
- Warmline: The National HIV Telephone Consultation Service

Project Inform
- HIV Health InfoLine

Journal Articles/Abstracts

AIDS Action Committee of Massachusetts
- Online HIV Health Library

HIV InSite
- Literature Databases
- Medical Newsletters for a General Audience

PubMed®/MEDLINE®
Medscape® HIV/AIDS
- The Medscape® Journal of Medicine (formerly MedGenMed)

San Francisco AIDS Foundation
- Treatment

Mental Health
- The Body
  - Mental Health
  - Mental Health and HIV

National Institute of Mental Health
- Center for Mental Health Research on AIDS
- Depression and HIV/AIDS

Substance Abuse and Mental Health Services Administration
- Mental Health AIDS

Monitoring Progress
- AIDSmeds.com
  - Graph My Labs
- HIV Medication Guide

Nutrition
- Agencies
  - Academy of Nutrition and Dietetics
- aidsmap
  - Patient Information Booklets
- The Body
  - Diet, Nutrition & HIV/AIDS
- CATIE (Canadian AIDS Treatment Information Exchange)
  - A Practical Guide to Nutrition for People Living with HIV
Select a Topic

- Alternative/Complementary Therapy
- Ask the Expert
- Clinical Trials
- Conferences
- Continuing Education
- Current News Updates
- Drug Information
- E-mail Lists
- Fact Sheets
- Financial Assistance
- Fitness
- Fraud
- Health Care Providers
- Hepatitis
- Hotlines
- Journal Articles/Abstracts
- Mental Health
- Monitoring Progress
- Nutrition
- Oral Health
- Organization Directories
- Post-Exposure Prophylaxis (PEP)
- Spanish Language Resources
- Special Populations
- Traveling with HIV
- Treatment
- Treatment Guidelines
- Tutorials/Manuals
- Vaccines
- Viral Load

Food and Agriculture Organization of the United Nations
  - Living well with HIV/AIDS

Food and Nutrition Information Center – Diet and Disease – AIDS/HIV

International Bibliographic Information on Dietary Supplements

Tufts Nutrition/Infection Unit
  - HIV Nutrition & Health

Oral Health

- HIVdent

National Institute of Dental and Craniofacial Research
  - Mouth Problems and HIV

Organization Directories

- DIRLINE

National Minority AIDS Council
  - POZ AIDS Services Directory

National Prevention Information Network
  - Organization Search

Post-Exposure Prophylaxis (PEP)

- Centers for Disease Control and Prevention Divisions of HIV/AIDS Prevention
  - Treatment

- National HIV/AIDS Clinicians' Consultation Center

Spanish Language Resources

- AIDS Action Committee of Massachusetts
AIDS Education Global Information System
AIDS InfoNet
The Body
- Tratamientos del VIH/SIDA
Salud, Nutrición y VIH/SIDA
infoSIDA
MedlinePlus®
- VIH/SIDA
National Prevention Information Network
- Resources by Topic, Hispanics and Latinos
Project Inform
Puerto Rico Equal Access Program (PREAP) (Programa de Igualdad de Acceso para Puerto Rico: Recursos de Información del VIH/SIDA de la Biblioteca Nacional de Medicina)
Recursos de información de la Biblioteca Nacional de Medicina sobre la infección por el VIH/SIDA

Special Populations

Communities of Color

HIV/AIDS Portal (National Library of Medicine)
- Minorities

Gay, Lesbian, and Transgender

The Transgender Community and HIV/AIDS Research
Gay Men’s Health Crisis

Infants and Children

AIDSmeds.com
- Special Issues for Women & Children
The Body
- Children & HIV/AIDS Treatment
- Pregnancy & HIV/AIDS

Elizabeth Glaser Pediatric AIDS Foundation
National Pediatric AIDS Network

Prisoners

The Body
- The Incarcerated & HIV/AIDS

HIV Resources and References for California Correctional Health Care Providers

Centers for Disease Control and Prevention
- Correctional Health

National Criminal Justice Reference Service, Dept. of Justice
- Inmate Assistance > Health

National Hepatitis C Prison Coalition
- Hepatitis C Awareness Project

HIV/AIDS Portal (National Library of Medicine)
- Prisoners/Prisons

National Minority AIDS Council
- Prison Initiative

University of California, San Francisco, Center for AIDS Prevention Studies
- What is the Role of Prisons and Jails in HIV Prevention?

Seniors

AIDS.gov
AIDS InfoNet
- Older People and HIV

The Body
- Aging and HIV/AIDS

National Institutes on Aging
- HIV, AIDS, and Older People

Substance Users
- AIDS.gov

Veterans
- United States Department of Veterans Affairs

Women
- AIDS.gov
- AIDSmeds.com
- Special Issues for Women & Children

Health Resources and Services Administration HIV/AIDS Bureau

MedlinePlus®
- HIV/AIDS and Pregnancy

The National AIDS Treatment Advocacy Project
- Women & HIV (Click Women & HIV in the left navigation)

Project Inform
- Treatment information for women and their providers
Youth

- AIDS.gov

- Centers for Disease Control and Prevention
  - HIV/AIDS among Youth

Traveling with HIV

- AIDSinfo
  - HIV & Travel

- Centers for Disease Control and Prevention
  - Travel

- MedlinePlus®
  - Traveler’s Health

Treatment

NOTE: All resources in this guide contain treatment information. These sites are good starting points.

- AIDS.gov
  - Treatment and Care

- AIDS Education Global Information System
  - Key Topics: Treatment

- AIDSinfo

- AIDSmeds.com

- AVERT
  - HIV/AIDS Treatment and Care

The Body

- HIV Treatment
  - Strategies for Switching and Simplifying Antiretroviral Treatment in HIV-Infected Patients

- CATIE (Canadian AIDS Treatment Information Exchange)
Treatment Guidelines

- **AIDSinfo**
  - Clinical Guidelines Portal
- AIDSmeds.com
  - Lessons
- American Psychiatric Association
  - Practice Guidelines for the Treatment of Patients with HIV/AIDS
- National HIV/AIDS Clinicians’ Consultation Center
  - Guidelines
- U.S. Department of Veterans Affairs
  - Guidelines and Best Practices

**Tutorials/Workbooks**

- NLM Training Workbooks and Resources
  - HIV/AIDS Information Resources from the National Library of Medicine
  - PubMed®
  - PubMed® Tutorial
  - PubMed® Tutorial (Spanish version)
Vaccines

- **AIDSinfo**
  - Vaccines
- **ClinicalTrials.gov**
- **HIV Vaccine Trials Network (HVTN)**
- National Institute of Allergy and Infectious Diseases, Division of Acquired Immunodeficiency Syndrome
  - Resource Guide for the Development of AIDS Therapies

Viral Load

- **aidsmap**
  - Viral Load & CD4
- **AIDSmeds.com**
  - The Blood Tests You'll Need

The Body

- Understanding Your Labs
- Viral Load Testing

Food and Drug Administration HIV and AIDS Activities

- HIV Testing